

# BRAZOS COUNTY WALK ACROSS TEXAS 2024

*Celebrating 27 years of moving to our own beat!*

## HELLO, GOOD BYE



WALK ACROSS TEXAS



THE LONG AND WINDING ROAD  
TO 833 MILES

The members of Texas A&M Agrilife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M Agrilife.

*The Texas A&M University System,  
U.S. Department of Agriculture,  
and the County Commissioners  
Courts of Texas Cooperating*

Thank you for being a part of Brazos County Walk Across Texas 2024 and moving to your own beat. The total miles reported for this year's challenge were 394,959.66 by 312 teams. A few stats include 232 teams (74%) reported 832 or more miles, 18 worksites formed teams, and other teams were comprised of churches, families, friends, and community groups. It was great to see Scotty's House and TruFit with teams this year! Please keep moving!

### Getting historical with 2023 stats:

270,706.7 by 221 teams

162 teams (73%) reported 832 or more miles

16 worksites formed teams

Kudos to 91 more teams competing than last year!

### Looking ahead

Our next sponsored challenge will take place following the same timeline in 2025 (February-April).

## IMPORTANT DATES-AT-A-GLANCE

- **Proclamation**-January 30, 2024 ✓
- **Event Dates:** February 10, 2024-April 5, 2024 ✓
- **Kick Off Event:** February 10, 2024 ✓
- Week 1: February 10 - February 16 ✓
- **Online Registration Deadline:** February 20, 2024 ✓
- Week 2: February 17 - February 23 ✓
- Week 3: February 24 - March ✓
- Week 4: March 2 - March 8 ✓
- Week 5: March 9 - March 15 ✓
- Week 6: March 16 - March 22 ✓
- Week 7: March 23 - March 29 ✓
- Week 8: March 30 - April 5 ✓
- Last day to report team mileage: April 15, 2024 ✓
- The announcement of champions/Prize Patrol: April 19, 2024 ✓



## Awards & Recognition

The awards ceremony was streamed to our Walk Across Texas Brazos County Facebook page.



[facebook.com/walk.across.texas.bc](https://www.facebook.com/walk.across.texas.bc)

## Chicken Gumbo



Try our Chicken Gumbo for a lighter version of your favorite Cajun-inspired dish! Packed with colorful veggies and flavorful spices this recipe is sure to be a family fave!

<https://dinnertonight.tamu.edu/recipe/chicken-gumbo/>

Created by Texas A&M AgriLife Extension Intern Riley Fisher

## “Hello, Goodbye”

Don't lose your vibe after the completion of Walk Across Texas. Create long-term goals to make your progress last forever!

### Benefits of Long-term Goal Setting

- Clarity of purpose
- Increased productivity
- motivation
- enhanced self-confidence
- Improved Decision making
- sense of accomplishment
- increased time management
- Added structure to your routine
- focus and direction

### Resources to Research Goal Creation

- SMART Goals: A How To Guide- University of California
- Long-term Goals: Techniques and Examples for Setting and Achieving Goals- Berkeley Well Being

### Steps for Creating Long-term Goals

- 1) reflect on your missions and priorities
- 2) visualize what you want
- Brainstorm a list of goals
- 3) Make your Goals SMART
- 4) Prioritize your goals
- 5) break down your goals into Milestones
- 6) keep track of your progress
- 7) Adapt to changes
- 8) Seek support
- 9) Celebrate your achievements!

<https://www.berkeleywellbeing.com/long-term-goals.html>

<https://www.berkeleywellbeing.com/long-term-goals.html>

# MOST INSPIRATIONAL PERSON



*Julio Torres embodies selflessness. At the outset, our team faced a slow start due to some members experiencing health issues. Julio's foremost concern was their well-being, sending constant inspirational texts and well wishes for their recovery. He assured us that we were in this together as a team, emphasizing the importance of camaraderie and enjoyment. Julio continues to check in with everyone via text messages and sends reminders. We are genuinely fortunate to have such a supportive captain in Julio. "Gig 'Em, Team Godzilla!"*

-Lillian Folsom

---

*Julio is our Captain and is a great person to know. When the walk started, 2 members and I were so sick that we didn't walk as much as we should have so Julio took it upon himself to do as much walking as he could. He did this to help the team out. He is always letting the team know to walk and to make sure to take our daily steps. He also lets us know on Fridays, to put all our steps in. He is the best Team Captain that I know and admire.*

-Herminia Russell

---

*I nominate Team Godzilla Captain Julio Torres for Most Inspirational Person. I have had challenges this year, this walk, like none other due to serious health problems with my husband. I have had to be out with him for care for nearly the entirety of this walk. Sometimes the feelings of depression and stress get overwhelming. My team captain is always there for a virtual hug, laugh, prayer, whatever I need to get re-centered. Julio has been one of the lifelines I draw on daily to keep my spirits up and feel included in the team's activities even though I'm so far away from them at the moment. The amount of energy, support, motivation, and encouragement we get from Julio daily is the fuel that keeps us all going and striving to better ourselves in steps, health and exercise. Julio's attitude and love of a challenge rallies us to always do no less than our best. We may not always be able to keep up with him, but we couldn't get where we are without him. Julio is the poster child for all the best qualities of a leader. He's taken 8 of us from disparate health, age and energy levels and put us together into a team that works together, constantly communicates with each other and challenges us to stay the course and dig deep to put out that one little extra minute, step, mile of effort. One would be hard pressed to find a more kind, gentle and supportive person to be a friend and leader. I'm glad I'm on his Team because he is always on ours!*

-Patty Beasley

# Final Placing

## Most Creative Team Name

· YESTERDAY...ALL THOSE MILES SEEMED SO FAR AWAY

University of Alabama

Riley Fisher



Matt Bond

Kaden Witt

Isaac Witt

Francesco Romano

Tyler Mickley

## Most Inspirational Person

JULIO TORRES

League:

AgriLife Employee Wellness

Team:

Team Godzilla



Gig Em, Team Godzilla!



# Final Placing

Third Place Team  
**THE AGRIVATORS**  
3543.23

League: AgriLife Employee Wellness

Rudy Ruedas 

Kimberly Topp

Paul Pleasant

Courtney Sacco

Gabriel Saldana

Patrick Lillard

Blair Fannin

Dagna Gonzalez

Second Place Team  
**WANDERING WILDLANDERS**  
3606.49

League: AgriLife Employee Wellness

Matt Wright 

Mike Tilton

Emily Turner

Eli Filer

Lee Andersen

Gabriel Mahlum

Samuel McCalip

Adam Turner

# Final Placing

First Place Team/Hall of Fame Team  
ALL TOGETHER NOW ACROSS TEXAS  
3859.65

League: AgriLife Employee Wellness

Emily Patterson

Mark Haven

Kaulin Andric

Sachi Carr-Chargualaf



DJ Scott

Evelyn Dorsey

GeNae Guye

Greg Chargualaf



# Final Placing

Third Place YOUTH Team

SPIRIT OF AGGIELAND  
12/1,457/121.4

League: Becky Gates Children's Center

Second Place YOUTH Team

HULLABALOO  
17/2,090/122.9

League: Becky Gates Children's Center

First Place YOUTH Team

SOLO SUPERSTAR  
1/212/212

League: Unleagued

# Random Finishing Teams

## Finisher Awards

### MEEN IN MOTION

League: Engineer Your Wellness

Megan Simison 

Jennifer Bloom

Nicole Latham

Sharli Nucker

Reveca Vazquez

Emily Crocker

Johaynah Alriffi

Taylor Northcut



## Finisher Awards

### OOGIE TATER TROTS

League: AgriLife Employee Wellness

Heather Edgar 

Alec Kiser

Cheyenne Miller

Christy Simmons

Mike Stewart

Shelly Willis

Melvin Atkinson

Frankie Sanchez

## Finisher Awards

### NO MERCY

League: Brazos County Employees

Elizabeth Zwiener 

Laura Ostiguin

Joshua Holmes

Ashley Mallard

Leticia Estrada

Arthur Shepley

Gracie Guzman

Brisa Ocampo





# Random Finishing Teams

## Finisher Awards

HERE COMES THE RUN...(NAH, NAH, NAH)

League: Living Well at Texas A&M

Mary Kalafatis

Tamra Young

Deborah Wright

Shelly Janac

Dannah Pembelton

Jessica Kilby

Leslie Dunn

John Crawford



## Finisher Awards

STRAWBERRY FIELD STROLLERS

League: Division of Student Affairs

Arranna Bennett 🚢

Kevin Snyder

Sylvia Hernandez

Katie Carroll

Esther Gagawala

Marissa Hanson

Caylyn Perry

Laney Muench



## Finisher Awards

CC WALKIE TALKIES

League: Division of Student Affairs

Rachel Ciomperlik 🚢

Elizabeth Hiney

Anne Blum

Jasmine Zenn

Kelli Hutka

Barclay Osborne

Spencer Pepper



# Random Finishing Teams

## Finisher Awards

**DOR: WALKING AROUND THE BLOCKER**  
League: Texas A&M Division of Research

Tiffany Inbody 

Aliese Seawright

Natalie Murphy

Jennifer Singleton

Che Kamani

Melissa Hinga

Elizabeth Scanlin

Ross Jarvis



## Finisher Awards

**PIGG WALKERS**  
League: Unleagued

Joel Pigg 

VictoriaDean

Jennifer Pigg

Jamie Petty

Quinten Pigg

Kathy Suel

Dale Suel

Maggie Walker

## Finisher Awards

**M&MS**  
League: Brooke's Besties

Robert Maniscalco 

Jennifer Hampton

Jan Maniscalco

Stephanie Martin

Marlie Mcarthur

Christine Maniscalco

Carolyn Maniscalco

Kenneth Maniscalco

**THE BEATLES**

# Random Finishing Teams

## Finisher Awards

### KEEP ON TRUCKIN

League: TAMU Education and Human Development

Amanda Nash 

Courtlandt Arrants

Lorinda Gomez

Lauren Hanik

Kirstin Brekken Shea

Hailey Thornton

Jenna Yentes

Sonja de Lange

## HALL OF FAME HONOREES

### 2023-Team Godzilla

Erika Bochat

Patty Beasley

Julio Torres

Audra Lewis

Minnie Russell

Stephanie Klock

Angelina Nieto

Monica Vasquez

### 2022-The Motley Crew

Monty Dozier

Ashlea Hewlett

Elizabeth Morris

Julie Masek

Brooks Moore

Robbye Morsko

Mark Stone

Katherine Knight

### 2021-The United Rec Force

Christian Miller

Christina Richards

Evelyn Dorsey

Julia Klein

Mark Haven

Nick Heiar

Paula Opal

Sachi Carr-Chargualaf

### 2020-Walk This Way!

Christian Falconer

GeNae Welch

Ron Robison

Monica Colson

Jerri McSloy

Ashley Ramirez

Iris Cahil- Casiano

Hannah Kovar

# WE DID IT!

232 teams have  
walked across  
Texas!

(Walking) Across the Universe  
12th Man Troopers  
16 Feet with Sole  
A Step in the Right Direction  
A Walk In The Park  
Abbey Roadrunners  
Across the Universe and Texas  
Advanced Persistent Trek  
All About That Pace  
All About The Payce  
All Together Now Across Texas  
All You Need is Living Well  
All you need is miles  
Annex Amblers  
Are We There Yet?  
Awesome & Spectacular  
Baby Got Track  
Baby got track!  
Becky's Toddling Troup  
Becky's Toddling Troup 2.0  
Blackbirds walking in the dead of  
night  
Blister Buds  
Can't buy me Miles  
CC Walkie Talkies  
Chafing the Dream  
Charlotte's Toddling Troup  
CHENuts  
Chips and Walkamoli  
Chips and Walkamoli  
Christopher Walkin'  
Code Walkers  
Ctrl+Walk+Del  
Cushing Crushers  
Day Trippers  
Degree Jog-It  
Dirty Crop Walkers  
DOR - Maestro Mystery Tour  
DOR All About That Pace  
DOR Don't Let Me Down  
DOR Heart and Sole  
DOR Helideck Hamsters  
DOR The Abbey Roadsters  
DOR Walking Around the Blocker  
DORa The Explorers  
Dynacisers24

EA Student Workers  
EFNEP Walkamolies  
Eraser Swift: The Errors Tour  
Fast Walkers  
FitBits  
Gel Runners  
Goal Getters  
Happy Feet  
Healthy Living Control Group  
Healthy Living Test Group  
Help! (I need some water)  
Help! (the rest of you are gonna need it)  
Helpful Upbeat Babes (HR-HUB-6)  
Here Comes the Rain  
Here Comes the Run  
Here Comes the Run (Research Team)  
Here Comes the Run... (nah, nah, nah,  
nah)  
Here Comes TVMDL!  
Hey Jude, Let's Stride  
HORTTREKKERS  
Howdy\_SPED  
I walk miles with a little help from my  
friends  
I Want to Hold Your Hand Pipette  
iGROWers  
Innovation Moving Ground  
I've Got (No) Feeling Left in my Legs  
Jaywalkers  
Keep Calm and Query On: The SQL  
keep on truckin  
Kiss My Heels  
KNSM-Walkie-Talkie  
Laces on the Fly with Blisters  
LAN Rovers  
Legs Miserables  
Let's Get Fiscal  
License to Walk  
Lost in Pace  
M&M's  
Making Strides  
MEEN in Motion  
Microbe Milers  
Mountain Rangers  
MSC programs (we're gonna win)  
MSL Marvels  
MTDE Misfits

Myles Miles Team  
NCTM Kinesins  
New Kids on the Walk  
New Kids On The Walk  
Ninja Squirrel Squad  
No Mercy  
Not Fast Just Furious  
Oldies but goodies  
Oogie Tater Trots  
Outdoor Adventurers  
Personnel Pacers  
Pharma Pill Posse  
PhotoTexas CS  
Pigg Walkers  
Public Health Walkers  
PVFA Creative Walkers  
Queso & Walkamolies  
Red Hot Chili Steppers  
Red Hot Chili Steppers  
Reforming Couch Potatoes  
RELLIS Stroll Patrol  
RIC RATS  
Road Scholars  
Roots and Glutes  
Running From the Law  
Running Hustlers  
Scholarships Team  
School of Walk  
Scrambled Legs  
SEHD Stroll Stars  
Sgt Pepper's™ Lonely Fish Club  
Sgt. Pepper's Lone Star Walking Club  
Sgt. Pepper's Lonely Walkers Club  
Band  
Sgt. Peppers Lonely Walking Club  
Slow and Furious  
SOFC  
Sole Investigations  
Sole Sisters  
Sole Sisters  
Sole-less  
Solemates  
South Campus Steppers  
Speedy Turtles  
Spinebinders  
Squad Maxey



# WE DID IT!

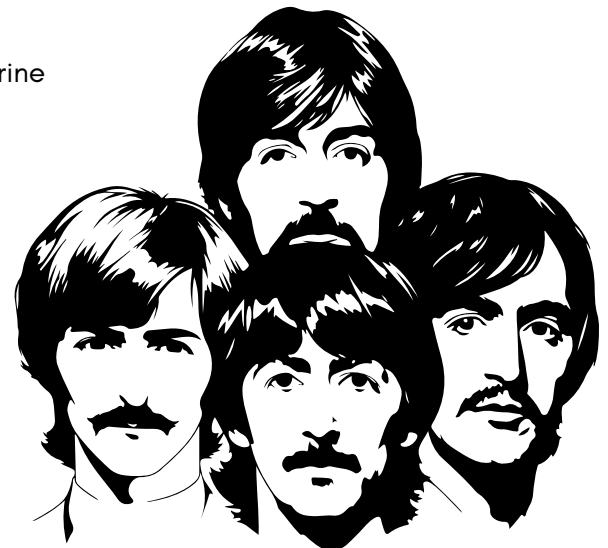
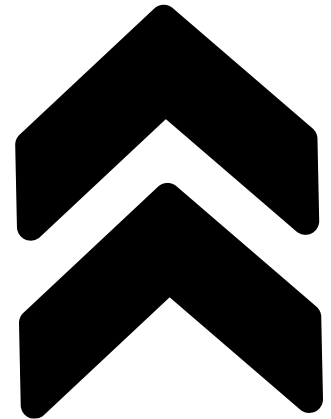
232 teams have  
walked across  
Texas!

(St Joseph Health - Inpatient Therapy  
St Joseph Health Acute Care Therapy  
Step Up  
Strawberry Field Strollers  
Strawberry PHields  
Stroll Sisters and a Sole Man  
Stroll Trolls  
Student Activities  
TAMU Women's Club  
Tater Trotters  
Tator Trots  
TCALL Trailblazers  
Team Godzilla  
Team Name  
Team Tyler  
Tech Trek Titans  
Texas A&M - Nursing Team Maroon  
Texas Trekking Goddesses  
The 12th Walkman  
The Aggie Rice Runners  
The AgriVators  
The aMAYSing Race  
The Cherringtons  
The Dojo  
The Fast and the Curious  
The Get Along Gang  
The Hippy Hippy Shake  
the Intentional Walkers  
The Lemon Pepper Steppers  
The Lollygagging Lobbyists  
The Original Holy Walkamolies  
The Pedominators  
The peritrichous (we all move together)  
The Walk Ness Monsters  
The Walk Ness Monsters  
The Young and the Breathless  
TI Coffee Runs  
Ticket to Stride  
TLAC 4Eva  
TLAC Walkers  
TLI Trekkers  
T-Recs  
Trufitters  
TVMDL ZOO  
Twist and Shout!

UHS PrevPop  
VetMed Paw Patrol  
VMBS Dog Tired  
VMBS Unleashed  
Walk Across KBTeXas  
walk it to the top!  
Walk 'n Rollers  
Walk the Line  
Walk-a-holics  
Walker Texas Counselor  
Walker, Texas Runner  
Walker's Team (Again)  
Walkie Talkie  
Walkie-Talkie  
Walking "Eight Days a Week"  
Walking 9 to 5  
Walking 9-5  
Walking Away from Work  
Walking Benefits  
Walking Between Blocker and Nagle  
Walking Here, There and Everywhere  
Walking Legionnaires  
Walking on Sunshine  
Walking Through Bluebonnet Fields Forever  
Walking to Our Own Beat  
Walking Warriors  
Walking with a little help from my Friends!  
Walkway Wizards  
Walsh Lab 2  
Wandering Wildlanders  
WAT Was I Thinking  
WATs Our Name Again?  
We All Live in a Yellow LABmarine  
We Are the Walkrus  
We Can Walk It Out  
We Can Walk It Out  
We Mean Business  
We Step Better Than You  
We've Got The Runs  
What A Team 2024  
What is That in Miles?  
What Team? WildStuActs!  
While My Calves Gently Weep  
While My Feet Gently Weep  
WinOrBooze!

Witness the Fitness  
Worst Pace Scenario  
Yellow SWAT-marine  
Yesterday...all those miles seemed so far  
away  
Your Pace or Mine?  
Zach 's Long and Winding Road  
Tater Trots

## CONGRATULATIONS



## 12th Man Troopers

1. Trufitters 1761.79
2. 12th Man Troopers 1698.14
3. TVMDL ZOO 1666.67

100%

## 2024 TAMU College Edition

1. Laces on the Fly with Blisters 3002.89
2. We Mean Business 1747.02
3. The Get Along Gang 1681.62
4. Blister Buds 1441.59
5. Tater Trotters 1200
6. EA Student Workers 1076.58
7. Team Tyler 974.14
8. Walkie-Talkie 844.03
9. Sole Mates 613.37
10. The Dominators 578.2
11. rod wave fan club 564.12
12. team bims 518.26
13. The Abraham Family Warriors 494.23
14. Snow Balls 484.48
15. Walkaholics 465.84
16. LANDSCAPE ARCHITECTURE DUBS 465.27
17. Rodzilla 402.58
18. roomies 358.49
19. USAR gals 300.66
20. Brooke Laden's Team 283.84
21. the roomies 276.09
22. Maroon Milers 239.6
23. Sophia's Team 209.12
24. yipeeeee 205.59
25. URPN 199.79
26. superduper team 197.25
27. Fearsome Threesome 195.57
28. Gigem 185.33
29. Power Striders 182.65
30. natalie's team 182.6
31. Navroz's Team 175.68
32. Mousies 154.2
33. Sophie's team 146.96
34. DALV 144.41
35. The Bus Drivers 144.08
36. ujwals team 120
37. walkacrosstx1 110.63
38. Happy Feet 101.02
39. Champions1234 90
40. Garza 78.35
41. Boone Little's Team 77.09
42. Scrambled Legs 75.2
43. D1 67.09
44. RichardBailey 59.54
45. Olivia L. Gouveia 51.95
46. KM5 50.5
47. walk URPN 32.39
48. Lawyer St 29.74
49. Team Natalia 24.6
50. Werner's Walkers 11.4

16%

# 2024 TEAM MILEAGE BY LEAGUES

## AgriLife Employee Wellness

1. Wandering Wildlanders 3606.49
2. The AgriVators 3543.23
3. Team Godzilla 3417.66
4. HORTTREKKERS 3322.01
5. Oogie Tater Trots 3190.1
6. What A Team 2024 2659.75
7. Gel Runners 2507.51
8. Chips and Walkamoli 2232.08
9. Walking Here, There and Everywhere 2060.06
10. The peritrichous (we all move together) 2056.22
11. Roots and Glutes 2006.65
12. Sgt. Peppers Lonely Walking Club 1956.56
13. I Want to Hold Your Hand Pipette 1934.59
14. South Campus Steppers 1924.07
15. Dirty Crop Walkers 1899.93
16. Walker, Texas Runner 1885.76
17. Witness the Fitness 1868.8
18. Healthy Living Test Group 1856.69
19. Here Comes TVMDL! 1843.16
20. WinOrBooze! 1791.36
21. Making Strides 1786.26
22. While My Feet Gently Weep 1779.14
23. Can't buy me Miles 1770.06
24. Walking 9 to 5 1728
25. Ctrl+Walk+Del 1576.95
26. We Can Walk It Out 1555.01
27. LAN Rovers 1528.32
28. Mountain Rangers 1526.24
29. Reforming Couch Potatoes 1500.1
30. EFNEP Walkamolies 1488.12
31. Twist and Shout! 1468.16
32. Here Comes the Run 1415.11
33. Walk the Line 1364.07
34. Healthy Living Control Group 1323.82
35. The Young and the Breathless 1278.66
36. Here Comes the Rain 1263.94
37. The Aggie Rice Runners 1263.03
38. Hey Jude, Let's Stride 1221.84
39. Myles Miles Team 1200.11
40. Help! (I need some water) 1177.43
41. Yellow SWAT-marine 1128.16

85%

## AgriLife Employee Wellness

42. I've Got (No) Feeling Left in my Legs 1104.29
43. Microbe Milers 1053.15
44. Step Up 1007.96
45. Your Pace or Mine? 947.97
- We All Live in a Yellow LABmarine 926.12
46. We Are the Walkrus 914.16
- Blackbirds walking in the dead of night 835.66
47. Sgt. Pepper's Striders 782.44
48. Udder Chaos 613.95
49. Avocado Amblers 609.37
50. Rubber Soles on Techbuy Road 581.5
51. We Have a Spreadsheet for That 292.07
52. Focaccia and Empanadas 220.03
53. The Advising Avengers 66.85
54. Techs 41.29

## Bethel Grove MBC

1. The Lemon Pepper Steppers 1827.79
2. Squad Maxey 1281.86
3. Road Scholars 1257.66
4. The I Don't Knows 505.61

75%

## Brazos County Employees

1. Running From the Law 2441.11
2. No Mercy 1920.46
3. Kiss My Heels 1812.54
4. The Hippy Hippy Shake 1663.18
5. Walking Warriors 1349.08
6. The Hilly's Have Eyes 227.26

83%

## Brooke's Besties

1. We've Got The Runs 1441.32
2. M&M's 1347.33
3. Fast Walkers 1219.39
4. Macie's Pals 6

25%



# 2024 TEAM MILEAGE BY LEAGUES

## Bryan ISD Technology Dept. 100%

1. Tator Trots 1525.67
2. Chips and Walkamoli 1220.08
3. Slow and Furious 843.23

## City of College Station 100%

1. Walk-a-holics 1991.87
2. Walking 9-5 1519.54
3. Red Hot Chili Steppers 1380.85
4. Solemates 1092.04
5. Personnel Pacers 1022.46
6. FitBits 934.36

## Division of Student Affairs 84%

1. All Together Now Across Texas 3859.65
2. CC Walkie Talkies 2213.75
3. Code Walkers 2104.94
4. Scrambled Legs 2103.43
5. WAT Was I Thinking 2096.68
6. MSC programs (we're gonna win) 1959.54
7. Baby Got Track 1928.49
8. Sole-less 1914.14
9. Walkway Wizards 1781.71
10. Walking Away from Work 1773.94
11. Strawberry Field Strollers 1620.54
12. T-Recs 1526.46
13. What Team? WildStuActs! 1519.7
14. The 12th Walkman 1424.95
15. A Walk In The Park 1407.63
16. Student Activities 1369.32
17. A Step in the Right Direction 1369.23
18. Tech Trek Titans 1018.74
19. SOFC 992.97
20. Queso & Walkamolies 939.84
21. Sole Sisters 898.54
22. Conduct & Cardio 803.37
23. Hot Pepper Steppers 786.22
24. PokAmo Rangers 772.89
25. DMS Walks 169.47

## Engineer Your Wellness 94%

1. The Fast and the Curious 2659.54
2. All you need is miles 2659.22
3. MEEN in Motion 2515.9
4. Chafing the Dream 2428.53
5. Lost in Pace 1928.77
6. the Intentional Walkers 1747.34
7. Stroll Trolls 1638.81
8. CHENuts 1398.54
9. The Pedominators 1386.22
10. Sgt. Pepper's Lonely Walkers Club Band 1294.79
11. NCTM Kinesins 1242.83
12. Not Fast Just Furious 1057.05
13. walk it to the top! 1050.08
14. MTDE Misfits 972.36
15. Walsh Lab 2 955.25
16. Let's Get Fiscal 951.08
17. Risky Business 457.18

## MYCON General Contractors, Inc. 75%

1. We Step Better Than You 2156.94
2. What is That in Miles? 1770.03
3. Walking to Our Own Beat 1167.48
4. Tater Trots 359.27

## regiStrides 67%

1. Degree Jog-It 1949.22
2. Ticket to Stride 1898.46
3. The Walk Ness Monsters 1284.56
4. While My Calves Gently Weep 1131.78
5. Will Walk For Snacks 792.61
6. All You Need is Miles 724.61

## Scotty's House 100%

1. Red Hot Chili Steppers 1041.07
2. Tater Trots 832.58

## Living Well at Texas A&M 92%

1. VMBS Dog Tired 3063.19
2. Texas Trekking Goddesses 2317.08
3. Walking Between Blocker and Nagle 2305.82
4. VMBS Unleashed 2271.41
5. I walk miles with a little help from my friends 2112.58
6. PVFA Creative Walkers 1682.23
7. Eraser Swift: The Errors Tour 1665.46
8. Here Comes the Run... (nah, nah, nah, nah) 1544.58
9. Pharma Pill Posse 1498.19
10. WATs Our Name Again? 1442
11. Walking Through Bluebonnet Fields Forever 1372.94
12. UHS PrevPop 1298.74
13. All You Need is Living Well 1285.69
14. Walk 'n Rollers 1261.24
15. TCALL Trailblazers 1214.75
16. We Can Walk It Out 1194.2
17. Day Trippers 1139.76
18. Sole Sisters 1069.71
19. Happy Feet 1052.95
20. (Walking) Across the Universe 1025.03
21. 16 Feet with Sole 1020.37
22. TLI Trekkers 913.93
23. Helpful Upbeat Babes (HR-HUB-6) 840.14
24. TLI Mall Walkers 797.69
25. AABS- Always Achieving Better Steps 571.23

## St Joseph Health Therapy 100%

1. St Joseph Health - Inpatient Therapy 1447.49
2. St Joseph Health Acute Care Therapy 1217.49

"All you need is love."



"Yesterday, all my troubles seemed so far away."



# 2024 TEAM MILEAGE BY LEAGUES

## TAMU Education and Human Development

1. keep on truckin 3064.16
2. Ninja Squirrel Squad 2970.76
3. TLAC Walkers 1970.25
4. iGROWers 1898.38
5. Becky's Toddling Troup 1774.81
6. School of Walk 1649.04 **88%**
7. The Cherringtons 1570.01
8. SEHD Stroll Stars 1493.32
9. Charlotte's Toddling Troup 1382.09
10. All About That Pace 1341.22
11. Howdy\_SPED 1276.52
12. Becky's Toddling Troup 2.0 1035.33
13. KNSM-Walkie-Talkie 965.15
14. TLAC 4Eva 907.84
15. EPSY Walkers 829.36
16. Rio Grande Valley Aggies 160.45

## TAMU Health Science Center **50%**

1. Strawberry PHields 1859.4
2. Public Health Walkers 1412.8
3. Hello, Goodbye 686.3
4. Singh's Scampering Scholars 306.41

## Texas A&M - School of Nursing

1. Sole Investigations 1421.04
2. New Kids On The Walk 1134.82 **83%**
3. Walkie Talkie 1113.86
4. Baby got track! 938.35
5. Texas A&M - Nursing Team Maroon 843.66
6. The Walking Wonders 356.7

## University Libraries

1. Walking on Sunshine 1190.92
2. Cushing Crushers 1145.06
3. MSL Marvels 1071.28
4. The Dojo 921.41 **83%**
5. Spinebinders 854.55
6. Annex Amblers 598.53

## Texas A&M Division of Research

1. DOR - Maestro Mystery Tour **89%** 2035.19
2. DOR Helideck Hamsters 1985.23
3. DOR Walking Around the Blocker 1963.33
4. DORa The Explorers 1949.11
5. DOR The Abbey Roadsters 1696.85
6. DOR All About That Pace 1285.79
7. DOR Don't Let Me Down 1178.51
8. DOR Heart and Sole 1032.01
9. DOR\_TAMIDS 258.51

## Texas A&M Foundation

1. Help! (the rest of you are gonna need it) 2155.71
2. Walker's Team (Again) 2132.73
3. Scholarships Team 2039.82
4. Here Comes the Run (Research Team) **67%** 1922.75
5. Abbey Roadrunners 1794.38
6. The aMAYSing Race 1769.74
7. Goal Getters 1567.59
8. Walking with a little help from my Friends! 1522.96
9. Walking "Eight Days a Week" 1516.52
10. Zach 's Long and Winding Road 1442.04
11. VetMed Paw Patrol 1322.35
12. Sgt. Pepper's Lone Star Walking Club 1285.66
13. Across the Universe and Texas 1258.11
14. New Kids on the Walk 1139.55
15. Awesome & Spectacular 939.25
16. Stroll Sisters and a Sole Man 908.71
17. Walker's Team (Not) 817.29
18. Texas A&M Fort Worth 436.92

## Texas A&M University System Offices **100%**

- 1.
2. Keep Calm and Query On: The SQL 2585.43
3. Innovation Moving Ground 2561.93
4. RIC RATS 2342.24
5. RELLIS Stroll Patrol 1518.53
6. The Lollygagging Lobbyists 1474.75
7. The Walk Ness Monsters 1414.82
8. Christopher Walkin' 1230.51
9. Advanced Persistent Trek 1054.42
10. License to Walk 970.96
11. TI Coffee Runs 961.15
12. Walking Benefits 899.41

## UNIVERSITY OF ALABAMA

1. Worst Pace Scenario 2254.34
2. Yesterday...all those miles seemed so far away 1051.42
3. Sgt Pepper's™s Lonely Fish Club 980.68
4. Sir Walksalot 346.33





# 2024 TEAMS BY LEAGUE

## UNLEAGUED TEAMS

1. Speedy Turtles 2513.27
2. Dynacisers24 2107.21
3. TAMU Women's Club 2024.74
4. The Original Holy Walkamolies 1941.1
5. Pigg Walkers 1867.99
6. Running Hustlers 1431.52
7. All About The Payce 1406.32
8. Outdoor Adventurers 1372.55
9. Walking Legionnaires 1290.85
10. Are We There Yet? 1108.81
11. Walk Across KBTexas 1086.73
12. Team Name 1080.94
13. Legs Miserables 1047.58
14. Jaywalkers 996.63
15. Oldies but goodies 928.24
16. PhotoTexas CS 875.52
17. Walker Texas Counselor 861.38
18. Double the Fun Strollers 677.19
19. Chubby Chicas 524.21
20. Shake it Shake it 451.11
21. Team Walking Dead 393.59
22. Risk Management Dept 214.58
23. bling bling steppas 135.91
24. Team OYE Vey 118.5
25. Lady Mocking Birds 30.3

**68%**

# 2024 WAT YOUTH TEAMS

Team name #walkers/milesHullabaloo 17 2090

Whoop 17 2035

Maroon & White 17 1652

Aggies 17 1526

Spirit of Aggieland 12 1457

ReveilleWalkers 17 1200

12th Man Classroom 18 827

Gigem 10 719

GIG'EM (Room 113) 10 465

Kyle Field 12 418

Cirque De Sore Legs (120) 12 355

Lil Roadrunners - Rm 107 8 255

Solo Superstar 1 212

Sophies Sprinters (103) 10 194

Whoop 19 173

Century Tree 12 171

Finish Liners (115) 10 158

Room 102 13 155

Rapid Racers 3 151

Howdy 6 123

Howdy 6 123

Kindergarten (119) 10 92

Aggie Ring 12 85

Runners (117) 10 20

**25%**

**TOTAL**

**MILES**

**14,656**

**Final placing determined by average miles walked per person**



# OVERALL TEAM PLACING

1. All Together Now Across Texas 3859.65
2. Wandering Wildlanders 3606.49
3. The AgriVators 3543.23
4. Team Godzilla 3417.66
5. HORTTREKKERS 3322.01
6. Oogie Tater Trots 3190.1
7. keep on truckin 3064.16
8. VMBS Dog Tired 3063.19
9. Laces on the Fly with Blisters 3002.89
10. Ninja Squirrel Squad 2970.76
11. The Dojo 2716.59
12. What A Team 2024 2659.75
13. The Fast and the Curious 2659.54 1959.54
14. All you need is miles 2659.22
15. Keep Calm and Query On: The SQ 2585.43
16. Innovation Moving Ground 2561.9351
17. MEEN in Motion 2515.9
18. Speedy Turtles 2513.27
19. Gel Runners 2507.51
20. Running From the Law 2441.11
21. Chafing the Dream 2428.53
22. RIC RATS 2342.24
23. Texas Trekking Goddesses 2317.08
24. Walking Between Blocker and Nagle 2305.82
25. VMBS Unleashed 2271.41
26. Worst Pace Scenario 2254.34
27. Walking on Sunshine 2252.94
28. Chips and Walkamoli 2232.08
29. CC Walkie Talkies 2213.75
30. We Step Better Than You 2156.94
31. Help! (the rest of you are gonna need it) 2155.71
32. Walker's Team (Again) 2132.73
33. I walk miles with a little help from my friends 2112.58
34. Dynacisers24 2107.21
35. Code Walkers 2104.94
36. Scrambled Legs 2103.43
37. WAT Was I Thinking 2096.68
38. Walking Here, There and Everywhere 2060.06
39. The peritrichous (we all move together) 2056.22
40. Scholarships Team 2039.82
41. DOR - Maestro Mystery Tour 2035.19
42. TAMU Women's Club 2024.74
43. Roots and Glutes 2006.65
44. Walk-a-holics 1991.87
45. DOR Helideck Hamsters 1985.23
46. TLAC Walkers 1970.25
47. DOR Walking Around the Blocker 1963.33
48. MSC programs (we're gonna win) 1956.56
49. Sgt. Peppers Lonely Walking Club 1956.56
50. Degree Jog-It 1949.22
51. DORa The Explorers 1949.11
52. The Original Holy Walkamolies 1941.1
53. I Want to Hold Your Hand Pipette 1934.59
54. Lost in Pace 1928.77
55. Baby Got Track 1928.49
56. South Campus Steppers 1924.07
57. Here Comes the Run (Research Team) 1922.75
58. No Mercy 1920.46
59. Sole-less 1914.14
60. Dirty Crop Walkers 1899.93
61. Ticket to Stride 1898.46
62. iGROWers 1898.38
63. Walker, Texas Runner 1885.76
64. Witness the Fitness 1868.8
65. Pigg Walkers 1867.99
66. Strawberry PHields 1859.4
67. Healthy Living Test Group 1856.69
68. Cushing Crushers 1845.47
69. Here Comes TVMDL! 1843.16
70. The Lemon Pepper Steppers 1827.79
71. Kiss My Heels 1812.54
72. Abbey Roadrunners 1794.38
73. WinOrBooze! 1791.36
74. Making Strides 1786.26
75. Walkway Wizards 1781.71
76. While My Feet Gently Weep 1779.14
77. Becky's Toddling Troup 1774.81
78. Walking Away from Work 1773.94
79. Can't buy me Miles 1770.06
80. What is That in Miles? 1770.03
81. The aMAYSing Race 1769.74
82. Trufitters 1761.79
83. the Intentional Walkers 1747.34
84. We Mean Business 1747.02
85. Walking 9 to 5 1728
86. 12th Man Troopers 1698.14
87. DOR The Abbey Roadsters 1696.85
88. PVFA Creative Walkers 1682.23
89. The Get Along Gang 1681.62
90. TVMDL ZOO 1666.67
91. Eraser Swift: The Errors Tour 1665.46
92. The Hippy Hippy Shake 1663.18
93. School of Walk 1649.04
94. Stroll Trolls 1638.81
95. Strawberry Field Strollers 1620.54
96. Ctrl+Walk+Del 1576.95
97. The Cherringtons 1570.01
98. Goal Getters 1567.59
99. We Can Walk It Out 1555.01
100. Here Comes the Run... (nah, nah, nah, nah) 1544.58
101. LAN Rovers 1528.32
102. T-Recs 1526.46
103. Mountain Rangers 1526.24
104. Tator Trots 1525.67
105. Walking with a little help from my Friends! 1522.96
106. What Team? WildStuActs! 1519.7
107. Walking 9-5 1519.54
108. RELLIS Stroll Patrol 1518.53
109. Walking "Eight Days a Week" 1516.52
110. Reforming Couch Potatoes 1500.1
111. Pharma Pill Posse 1498.19
112. SEHD Stroll Stars 1493.32
113. EFNEP Walkamolies 1488.12
114. The Lollygagging Lobbyists 1474.75
115. Twist and Shout! 1468.16
116. St Joseph Health - Inpatient Therapy 1447.49
117. Zach 's Long and Winding Road 1442.04
118. WATs Our Name Again? 1442



# OVERALL TEAM PLACING

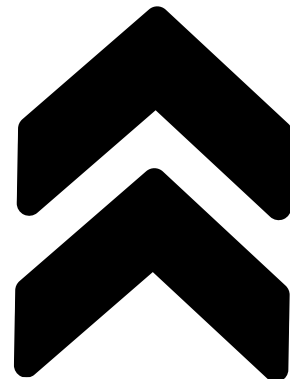
119. Blister Buds 1441.59
120. We've Got The Runs 1441.32
121. Running Hustlers 1431.52
122. The 12th Walkman 1424.95
123. Sole Investigations 1421.04
124. Here Comes the Run 1415.11
125. The Walk Ness Monsters 1414.82
126. Public Health Walkers 1412.8
127. A Walk In The Park 1407.63
128. All About The Payce 1406.32
129. CHENuts 1398.54
130. MSL Marvels 1394.98
131. The Pedominators 1386.22
132. Charlotte's Toddling Troup 1382.09
133. Red Hot Chili Steppers 1380.85
134. Walking Through Bluebonnet Fields Forever 1372.94
135. Outdoor Adventurers 1372.55
136. Student Activities 1369.32
137. A Step in the Right Direction 1369.23
138. Walk the Line 1364.07
139. Walking Warriors 1349.08
140. M&M's 1347.33
141. All About That Pace 1341.22
142. Healthy Living Control Group 1323.82
143. VetMed Paw Patrol 1322.35
144. UHS PrevPop 1298.74
145. Sgt. Pepper's Lonely Walkers Club Band 1294.79
146. Walking Legionnaires 1290.85
147. DOR All About That Pace 1285.79
148. All You Need is Living Well 1285.69
149. Sgt. Pepper's Lone Star Walking Club 1285.66
150. The Walk Ness Monsters 1284.56
151. Squad Maxey 1281.86
152. Spinebinders 1279.36
153. The Young and the Breathless 1278.66
154. Howdy\_SPED 1276.52
155. Here Comes the Rain 1263.94
156. The Aggie Rice Runners 1263.03
157. Walk 'n Rollers 1261.24
158. Across the Universe and Texas 1258.11
159. Road Scholars 1257.66
160. NCTM Kinesins 1242.83
161. Christopher Walkin' 1230.51
162. Hey Jude, Let's Stride 1221.84
163. Chips and Walkamoli 1220.08
164. Fast Walkers 1219.39
165. St Joseph Health Acute Care Therapy 1217.49
166. TCALL Trailblazers 1214.75
167. Myles Miles Team 1200.11
168. Tater Trotters 1200
169. We Can Walk It Out 1194.2
170. DOR Don't Let Me Down 1178.51
171. Help! (I need some water) 1177.43
172. Walking to Our Own Beat 1167.48
173. Day Trippers 1139.76
174. New Kids on the Walk 1139.55
175. New Kids On The Walk 1134.82
176. While My Calves Gently Weep 1131.78
177. Yellow SWAT-marine 1128.16
178. Walkie Talkie 1113.86
179. Are We There Yet? 1108.81
180. I've Got (No) Feeling Left in my Legs 1104.29
181. Solemates 1092.04
182. Walk Across KBTexas 1086.73
183. Team Name 1080.94
184. EA Student Workers 1076.58
185. Sole Sisters 1069.71
186. Not Fast Just Furious 1057.05
187. Advanced Persistent Trek 1054.42
188. Microbe Milers 1053.15
189. Happy Feet 1052.95
190. Yesterday...all those miles seemed so far away 1051.42
191. walk it to the top! 1050.08
192. Legs Miserables 1047.58
193. Red Hot Chili Steppers 1041.07
194. Becky's Toddling Troup 2.0 1035.33
195. DOR Heart and Sole 1032.01
196. (Walking) Across the Universe 1025.03
197. Personnel Pacers 1022.46
198. 16 Feet with Sole 1020.37
199. Tech Trek Titans 1018.74
200. Annex Amblers 1008.92
201. Step Up 1007.96
202. Jaywalkers 996.63
203. SOFC 992.97
204. Sgt Pepper's™s Lonely Fish Club 980.68
205. Team Tyler 974.14
206. MTDE Misfits 972.36
207. License to Walk 970.96
208. KNSM-Walkie-Talkie 965.15
209. TI Coffee Runs 961.15
210. Walsh Lab 2 955.25
211. Let's Get Fiscal 951.08
212. Your Pace or Mine? 947.97
213. Queso & Walkamolies 939.84
214. Awesome & Spectacular 939.25
215. Baby got track! 938.35
216. FitBits 934.36
217. Oldies but goodies 928.24
218. We All Live in a Yellow LABmarine 926.12
219. We Are the Walkrus 914.16
220. TLI Trekkers 913.93
221. Stroll Sisters and a Sole Man 908.71
222. TLAC 4Eva 907.84
223. Walking Benefits 899.41
224. Sole Sisters 898.54
225. PhotoTexas CS 875.52
226. Walker Texas Counselor 861.38
227. Walkie-Talkie 844.03
228. Texas A&M - Nursing Team Maroon 843.66
229. Slow and Furious 843.23
230. Helpful Upbeat Babes (HR-HUB-6) 840.14
231. Blackbirds walking in the dead of night 835.66
232. Tater Trots 832.58
233. EPSY Walkers 829.36
234. Walker's Team (Not) 817.29
235. Conduct & Cardio 803.37
236. TLI Mall Walkers 797.69



# OVERALL TEAM PLACING

237. Will Walk For Snacks 792.61
238. Hot Pepper Steppers 786.22
239. Sgt. Pepper's Striders 782.44
240. Pokémon Rangers 772.89
241. All You Need is Miles 724.61
242. Hello, Goodbye 686.3
243. Double the Fun Strollers 677.19
244. Udder Chaos 613.95
245. Sole Mates 613.37
246. Avocado Amblers 609.37
247. Rubber Soles on Techbuy Road 581.5
248. The Dominators 578.2
249. AABS- Always Achieving Better Steps 571.23
250. rod wave fan club 564.12
251. Chubby Chicas 524.21
252. team bims 518.26
253. The I Don't Knows 505.61
254. The Abraham Family Warriors 494.23
255. Snow Balls 484.48
256. Walkaholics 465.84
257. LANDSCAPE ARCHITECTURE DUBS 465.27
258. Risky Business 457.18
259. Shake it Shake it 451.11
260. Texas A&M Fort Worth 436.92
261. Rodzilla 402.58
262. Team Walking Dead 393.59
263. Tater Trots 359.27
264. roomies 358.49
265. The Walking Wonders 356.7
266. Sir Walksalot 346.33
267. Singh's Scampering Scholars 306.41
268. USAR gals 300.66
269. We Have a Spreadsheet for That 292.07
270. Brooke Laden's Team 283.84
271. the roomies 276.09
272. DOR\_TAMIDS 258.51
273. Maroon Milers 239.6
274. The Hilly's Have Eyes 227.26
275. Focaccia and Empanadas 220.03
276. Risk Management Dept 214.58
277. Sophia's Team 209.12
278. yipeeeee 205.59
279. URPN 199.79
280. superduper team 197.25
281. Fearsome Threesome 195.57
282. Gigem 185.33
283. Power Striders 182.65
284. natalie's team 182.6
285. Navroz's Team 175.68
286. DMS Walks 169.47
287. Rio Grande Valley Aggies 160.45
288. Mousies 154.2
289. Sophie's team 146.96
290. DALV 144.41
291. The Bus Drivers 144.08
292. bling bling steppas 135.91
293. ujwals team 120
294. Team OYE Vey 118.5
295. walkacrosstx1 110.63
296. Happy Feet 101.02
297. Champions1234 90
298. Garza 78.35
299. Boone Little's Team 77.09
300. Scrambled Legs 75.2
301. D1 67.09
302. The Advising Avengers 66.85
303. RichardBailey 59.54
304. Olivia L. Gouveia 51.95
305. KM5 50.5
306. Techs 41.29
307. walk URPN 32.39
308. Lady Mocking Birds 30.3
309. Lawyer St 29.74
310. Team Natalia 24.6
311. Werner's Walkers 11.4
312. Macie's Pals 6

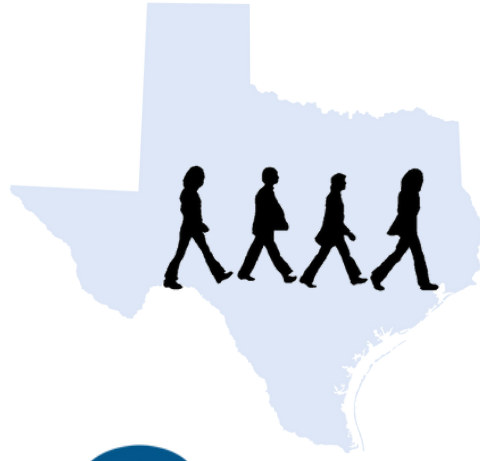
**"It's getting better all  
the time."**



# SPONSORS & PARTNERS



TEXAS A&M AGRILIFE



CITY OF BRYAN

The Good Life, Texas Style.™



KBTX News 12+  
Gray Television Group, Inc.  
★★★★ 2.5 + 215 Ratings  
Free



Get the KBTX app

# TEAM SPOTLIGHT

# Team Godzilla

## AgriLife Employee Wellness





TEXAS A&M  
**AGRI**LIFE  
EXTENSION

## Brazos County Spring Food Preservation Series

11 am - 4:00 pm

4153 County Park Court | Bryan Texas 77802

---

Learn to make safe and tasty canned treats and more.

**April 5, 2024**

- Learn about and practice water bath canning of jams and jellies and sourdough bread starters/recipes.

**April 25, 2024**

- Learn about and practice water bath canning of pickles, salsa, and homemade tortillas.

**May 3, 2024**

- Learn about and practice pressure canning hot packing, raw packing, and drying and freezing.

**\$35 PER CLASS**

Payable to Brazos WAT (electronic payments available)

Light meal and canning supplies included.

**FOR MORE INFO & TO RSVP CONTACT**

Leslie Reyes at 979-823-0129 or

[leslie.gongora@ag.tamu.edu](mailto:leslie.gongora@ag.tamu.edu)

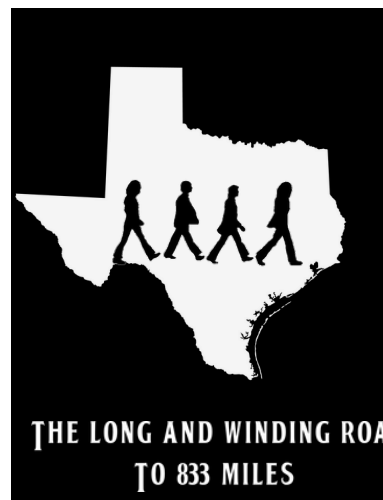
the members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

# Support WAT! Buy Merchandise!

(Sizes available Small through 3X-Large) \$16 per shirt

Brazos County Extension Office  
4153 County Park Court  
Bryan, Texas 77802  
979-823-0129  
Contact: Flora Williams at  
fewilliams@ag.tamu.edu

Front  
view



Back view

Payable to Brazos WAT  
(Delivery available in Bryan and College Station)

Payment methods: exact change (in-person), check, credit or debit card

## Chair

**Nickie McDaniel-Division of Student  
Affairs Texas A&M University**

## Treasurer:

**Lindsey Armstrong-St. Joseph Health**

## BLT County Extension Agent/Advisor:

**Lora Jorgensen-Texas A&M AgriLife**

## FCH County Extension Agent/Advisor:

**Flora Williams-Texas A&M AgriLife  
Extension**

## Specialists/Advisors:

**Alice Kirk-Texas A&M AgriLife Extension  
Michael Lopez-Texas A&M AgriLife  
Extension**

## Thank you Taskforce!

### Members:

**Dorithie Thomas-Texas A&M AgriLife**

**Judy Kurtz-Texas A&M AgriLife**

**Mary Parrish-Texas A&M AgriLife**

**Sheri Meyer-Texas A&M University  
System**

**Julie Prouse-Master Wellness Volunteer**

**David Garcia-City of Bryan**

**Living Well at TAMU**

**Kirsten Brekken Shea-Texas A&M  
University**

**Riley Fisher-AgriLife Intern**

**Andrea Ryan-County Extension Agent  
(Grimes County)/Mentee**



**Contact:**  
**Brazos County Extension Office**  
**Texas A&M AgriLife Extension Service**

**4153 County Park Court**  
**Bryan, Texas 77802**

**Phone: 979-823-0129**

**For more information about**  
**Family & Community Health**  
**Walk Across Texas**



**contact**  
**Flora Williams**

**E-mail: [fewilliams@ag.tamu.edu](mailto:fewilliams@ag.tamu.edu)**

**or**

**Lora Jorgensen**

**E-mail: [lora.jorgensen-tjorn@ag.tamu.edu](mailto:lora.jorgensen-tjorn@ag.tamu.edu)**

TEXAS A&M  
**AGRILIFE**  
EXTENSION